A MESSAGE from the President
By Carolyn Jolly

It is hard to believe that this year is almost over. There are so many great things that have happened, it has made the year go by very fast. I hope all of you will be able to attend the special events coming up in April and May 2018.

I do want to thank Sue DeShong and her Community Service committee for a successful Spring Fling. They were so organized and over 300 food bags were filled in about 30 minutes. Lunch was enjoyed by approximately 70 ladies, who made this event such a fun occasion.

Reach high, for stars lie hidden in the soul. Dream deep, for every dream precedes the goal.”
As most of you know, we welcomed 39 new members into AWC on March 3, 2018, and I hope all of you get to know them. We are fortunate to have such a great group of ladies join us. Please make them feel welcome.

On April 20, 2018, between 5:30 – 8:30 pm, we will be having our annual Philanthropy event at Trinity United Methodist Church. Sharon Elrod, our Philanthropy Chairman, has been working extra hard so everyone can enjoy this event. Read her article in this newsletter for more information. You will not want to miss it!

**AWC Tour of Homes** is Sunday, April 29, 2018 from 2:00 – 5:00 pm. Tickets are available in the office for $20. Three beautiful homes will be open for our tour, however, we do need volunteers to help in these homes. If you can do so, please give me a call, or let Laurie know. We will only need you for 1 shift, so you will have time to visit the other two homes. This is a fundraiser for AWC, and we hope you will be able to help with this project.

Don’t forget the **Scholarship Tea**, which will be on Sunday, May 6 at 2:00 p.m. You will be glad to be a part of AWC when you hear about these amazing students and see how much they appreciate their AWC scholarship.

Again, thank you for letting me serve as your president. It has been a very busy year and time has passed by so quickly. Let’s continue to make AWC a place of friendship and caring that allows us to keep reaching for the stars while enjoying life.

Carolyn Jolly
AWC President
I love Spring! The weather is turning warmer, the trees are beginning to bloom with their beautiful flowers, and garden planting is just around the corner.

As we head toward the end of our club year, I encourage you to check your records and make sure you have fulfilled your membership obligations.

We have had a very busy rental year at AWC. We have hosted seventeen events and have four events remaining. If you have a special occasion in your future or know of someone who needs a venue, please be reminded that our club is available. We still have dates available this club year and through the summer. We already have several dates booked for next year…and I have even had inquiries about 2019!

The AWC, Cooper, and Presidents awards will be presented at the June 2018 General Meeting and Installation. This is always a special meeting, and I hope to see you there.

Elouise Perry
AWC 1st Vice-President

“HAPPINESS is something that comes into our lives...through doors you didn’t even remember leaving open.” Rose Wilder Lane
NEW MEMBERS
Johnette Tingley
AWC 2nd Vice-President

After the cold, wet month of February, the warmth of sunshine and 39 new members made the March 3rd, New Member Brunch so welcoming. It was impressive to listen to their backgrounds and talents and experience their enthusiasm and energy. The new members will be visiting various departments over the next few months. Look for the ribbons of moss green and aubergine on their name badges. Welcome them, introduce them and show them the notable AWC hospitality.

Have you attended four meetings in one department? Been a hostess in every department you joined? Attended one General Meeting or Opening Coffee? Please be mindful of your membership responsibilities as defined in the club bylaws (Article V Section 2). There is still plenty of time before the end of the club year in June to meet your obligations. Please make it a point to check the roster in your departments to make sure your meeting attendance and hostess duties have all been recorded. If you have not attended a General Meeting (or Opening Coffee) there are General Meetings April 6 (no ticket required, just RSVP in the book in the Parlor) and June 2 (installation of officers and luncheon – ticket required). All strive to meet our membership obligations, but things do happen in our lives that interferes with best intentions. If circumstances have prevented you from fulfilling your membership duties by the end of the club year, please let me know by written note.

Our newest members have been feted, introduced, pinned and oriented. It is a really good thing to have 39 new and smiling faces visiting departments getting acquainted. We also welcomed back 2 reinstatements. Many have a head start on the next club year by signing up to serve on the Standing Committees.
All department Hospitality Chairs are urged to check their roster to be assured all have served as hostess. Those who have not need to be contacted and asked to serve before the club year ends to fulfill membership requirements. Please remember a member may substitute serving as a hostess for General Meeting when that department is a hostess department.

Also be reminded to tally up your attendance in all departments you have joined to be sure you have 4 attendances in 1 department. Your final chance to attend a General meeting is June 2.

Daylight savings time has ushered us into spring with numerous special events all around the club where we shall meet. COME AND ENJOY!

Happy Spring!

Johnette Tingley  
AWC 2\textsuperscript{nd} Vice-President, Membership

“LOOK for AMAZING people...to surround yourself with!”
David Whited

AWC GENERAL MEETING  
Doris Short  
AWC 3\textsuperscript{rd} Vice-President

TICKETS for the final “General Meeting”, Saturday, June 2, 2018 at 10:00 a.m. will be on sale in the AWC office. AWC Award winners will be announced, along with the installation of the new officers.

Doris Short  
3\textsuperscript{rd} Vice-President

“Nothing AWESOME in this world was ever achieved without...PASSION.”
REMINDER: It’s time to Pay your CLUB DUES! Your check needs to be for $225, which includes the Philanthropy fee for $25 for next year. If you are an Honorary or Life Member, you only need pay your $25 Philanthropy fee. Please take care of this very soon.

PHILANTHROPY EVENT: This special evening is Friday, April 20, 2018 at Trinity United Methodist Church. Dinner will be provided by Spring Creek Barbecue and will be served between 6:00 – 7:00 p.m. The UTA Maverick Singers will be performing at 7:30 p.m. We will have “Silent” and “Live” Auctions, along with a “Beam” tree featuring gift bags for $20/each. It will be a FUN evening, with good food, fellowship and entertainment. Pick up your ticket in the office (you paid for this last year with your dues). You can also buy guest tickets in the office for only $15/each. Bring your spouse, neighbors, relatives, and friends for a fun-filled evening.

AWC’s FUNDRAISER “A TOUR OF ARLINGTON HOMES“: Is scheduled for Sunday, April 29, 2018 from 2:00 to 5:00 p.m. Tickets are on sale in the AWC office for $20 each and will be available until the tour date. We have three beautiful homes to tour, one in Shady Valley, one facing Lake Arlington, and one on Panorama Court. All of them are very different, but I know you will love each of them. If you can be a docent at one of these homes for an hour and a half, please contact Kathy Carlile and give her your information. You will have time to tour the other two homes either before or after you your docent duties. We are urging all to car pool. There will be several husbands at the club to provide car pools for those who want it. AWC will be open that afternoon for tours as well, and will have refreshments available for you. Please buy your ticket and one for a guest to support this fundraiser.

The “SCHOLARSHIP TEA”: Will be held on Sunday, May 6, 2018 at 2:00 p.m. at AWC. This is a great way to show your support to our scholarship winners. It is one of the most inspiring
and heart-warming meetings you will attend at our club. You will be proud of our club and the Scholarship Committee and their hard work.

General Meeting Tickets: On sale in the AWC office for $15. The date is Saturday, June 2, 2018 at 10:00 a.m. Award winners will be announced, along with the installation of officers. Please plan to attend.

SUCCESS is not to be pursued ... it is to be attracted by the person you become!”

PHILANTHROPY

Sharon Elrod
Standing Chairperson

We’re on a countdown for the April 20th AWC Philanthropy Event! Pick up your tickets at the AWC office before Monday, April 16th. Tickets for non-members are $15 each. Tables for 8 can be reserved for $50. Dinner will be catered by Spring Creek. Entertainment by UTA’s Broadway Mavericks. There will be opportunities to support our philanthropies at an auction, a silent auction, Beam Bags (gift cards), surprise flashing rings, and a roaming photographer.
Doors open at 5:30 p.m. Dinner buffet will be served from 6:00 to 7:00 p.m.
Trinity United Methodist Church
Dress... elegant casual/comfortable
Theme...Black & Bling 1940’s era
Pick up your tickets now, as there is limited seating, and prepare for a fun evening!
AWC PHILANTHROPY EVENT INVITATION for FRIDAY, APRIL 20th, 2018

If you want to be INTERESTING...Be INTERESTED!

AWC “SPRING FLING” 2018
AWC Community Service Committee
“Take a moment to bask in the “HAPPINESS” that recognition brings...
And receive it with Utmost...APPRECIATION.”
February 2018

Last month we sponsored the “ALL-STAR FASHION SHOW”, presented by Ora Smith, owner of ORA’S BOTIQUE. This was our FUNDRAISER for this year. We had so much FUN seeing all the new, colorful styles and colors for Spring 2018...just in time for Easter and upcoming special events.

Ora provided beautiful gifts that were won by those who were lucky enough to have their ticket drawn. The food was delicious, and a fun time was had by all. If you missed this one this year...we hope you will be sure not to miss it next year!

On March 15th, 2018 we will present: “EGGS-TRA SPECIAL MEMORIES – EASTER PROJECT” for your scrapbook or card. Please come and join us.

Linda Williams
Archival and Scrapbooking Vice-Chairperson
“The major value of life is not what you get...but what you become!”

BIBLE & JOYFUL LIVING DEPARTMENT
Susan Smith
Chairperson
Sue Wallace
Historian/Photographer

FEBRUARY 2018 Meeting
Dr. Rosemary Rumbley, Presenter

PHOTO Recognition:
Birthday Girls Recognition
Beautiful decorations provided by Lynn Jenner

Dr. Rosemary Rumbley, presenting
FEBRUARY 2018 BIBLE/JOYFUL LIVING PHOTOS WITH DR. ROSEMARY RUMBLEY

Lucy Thompson & Bobbie Howell

Bible/Joyful Living Hostesses March 2018

Waunita Moore & Betty Whitaker

Susan Smith & Angela Hagan

Laurie Tittle & Sandy Trible, New Member

Goodbye Laurie!
Bible/Joyful Living
Members

Ann White

Geri Piccola McNiece
Presenter

Helen Maddox & Friends

Sue Wallace
Historian/Photographer

“When a prayer becomes Your
HABIT...MIRACLES become Your
LIFESTYLE!” AMEN
FEBRUARY 2018 BOOK REVIEW MEETING
The February Book review meeting featured Nella Phillips (former Miss Vicki from Romper Room). She presented a review of the book, The Running Man by Orville Rogers. This pilot and world champion runner broke two work records in 2008 when he was 90 years old and continues to run today. Orville’s story is about the good guy finishing first and his desire to serve God. The club was decorated for Valentine’s day. Members enjoyed delicious food and the great company of each other after the presentation.

March 2018 Book Review was a special ticketed event featuring food from the Rose Garden Tea Room and special table decorations, assorted ceramic bunnies. Linda Lummus was head hostess and received accolades for her efforts. The book reviewed was The Autobiography of Mrs. Tom Thumb by Melanie Benjamin. The story was about Mercy Lewis, a two foot, eight inch tall woman, the man she married and their relationship with P.T. Barnum. Susan M. Boone reviewed this story filled with so much historical information.

April 2018 Book Review took us back to our western roots as Gail Brinks retold the story of True Grit by Charles Pottis. We remembered the movie with John Wayne and Glen Campbell, the movie version of the story. Tables were decorated with spring flowers and Easter eggs adding a festive touch to a pleasant spring afternoon at the AWC with friends.

March 2018 BOOK REVIEW PRESENTATION
Cherry Williams, Chair & Gail Brinks, Presenter of True Grit

Judi Sheedy
Historian/Photographer
CREATIVE LIVING DEPARTMENT
Sandra Greenwood
Chairperson
Linda Price
Historian/Photographer

Here is a photo of Phyllis Staton who presented a program to Creative Living on Salt & Pepper Cookbooks on February 15th, 2018. She was very informative and entertaining as she presented Historical information about the origin of the different books and publishers. Nostalgia was present as we remembered using many of these Cookbooks such as *The Joy of Cooking*, *Better Homes and Garden*, and *Ladies Home Journal*.

March 2018 CREATIVE LIVING is meeting Thursday, April 19th at 10:00 a.m. and scheduled to present is Krissy Crosier, City of Arlington Rec Centers Program Manager…She will be discussing the New SENIOR CITIZENS CENTER in Arlington. Please plan to join us!

Phyllis Staton, Presenter of “Salt & Pepper Cookbooks” February 2018 Creative Living Department

Linda Price
Historian/Photographer
PERFORMING ARTS DEPARTMENT

Sara DeMore
Chairperson
Joan Lynch
Historian/Photographer

Joan Lynch, photographer for PAD is ill, so I asked her permission to share the photos I took at the February PAD Meeting. We had the Texas Cowgirls, poet and guitarist, Teresa Burleson and Miss Devon...so delightful! Hostesses include Susan Pippin, Kay Biggs, Judy Duke, Joann Bender, and Sara DeMore. Program ladies are Miss Devon, guitarist/singer and Teresa Burleson, cowgirl poet.

And Suddenly You Know...It’s Time to START Something NEW & Trust the MAGIC of BEGINNINGS!“

Eckart Tolle
THEORY OF GAMES DEPARTMENT
Peggy Irwin
Chairperson
Lannie Forbes
Historian/Photographer

March 2018 Theory of Games Meeting Photos

Patsy Saylors, Paula Cox, Sissy Conley, Corinne McQueen

White Elephant BINGO Gifts

Sandra Reams, Cathy Daniels, Nancy Courtright

Linda Lummus, Linda Dunson, Ann Cochran
DOUBT...is the Beginning of ...WISDOM!”
AWC FITNESS & YOGA
Special Interest Group
Roseanna Needham-Dryden, BS
Certified Fitness & Yoga Instructor
Certified Life Coach
Certified Weight Loss Coach
getfittexas@yahoo.com
(817) 688-8229 Call for more class info!

JOIN us in this fun-filled workout...Inspiring & Energetic 75-minute exercise experience!
Anyone can do this workout...no matter the age or fitness level...Variety of exercise combinations offered including Chair Cardio (optional standing) Exercise (heart & lung exercise) + Seated and/or Standing Strength/Resistance/Balance (hand weights/bands/tubing/gliding discs/pilates rings/medicine balls/pilates balls/soft balls/fire bands for legs, etc...), + Standing (optional seated) Tai-Chi/Chi-Kung Exercise for increasing energy flow and balancing lower body & upper body + Stranding (optional seated) Yoga Stretching and Final Relaxation + Meditation + Deep Breathing. Class geared for various ages and fitness levels...Self-paced concept...Modifications demonstrated. This combo fitness/strength/tai-chi/yoga workout offers lots of exercise variety for health & fitness.

Classes are “FREE”...with optional DONATIONS accepted to support local charities...available for all AWC members and held in the AWC Large Room on Monday & Wednesday. Our aim is to start and end classes on time! Participants are asked to arrive 5 to 7 minutes EARLY to set-up their individual exercise station with various exercise equipment to be used for class...and be ready to start the class on time. We also ask that you stay a few minutes when class is completed to put away the exercise equipment that you used properly in the right bins and fitness bags. Please read, review and complete/date and sign a Health/Fitness Profile Questionnaire (all info confidential) prior to working out with us for the first time. Please sign-in on the Class Attendance Sheet each class you attend. We wish you the best of luck with your fitness efforts & goals while working out with us in AWC Fitness Workouts! Please give us feedback so that we may continue to offer high-quality programs like these to our AWC members in the future. That’s how we grow and improve! INVEST in YOURSELF...You’re Worth It!!! Bring to each class a towel, yoga mat and your own hand weights...sizes from 3 to 5 pounds.

See April & May 2018 Class Schedule Dates & Health/Fitness Profile in the AWC Parlor Room!

“Plan INTENTION for your Future...Plant “SEEDS of INTENTION”...DAILY!”
AWC NEWSLETTER
Roseanna Needham-Dryden
AWC Newsletter chairperson 2018
getfittexas@yahoo.com
(817)688-8229

AWC NEWSLETTER PUBLICATION DATES & ARTICLE INFO/PHOTO DEADLINES:

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June 30, 2018 June 15, 2018

“Every Small Success...Is Pure Fuel!”