A MESSAGE from the President
By Carolyn Jolly, AWC President

Happy New Year!
The first few months of this club year have flown by, and now we are into 2018. We have had some great times at the club and look forward to many more to finish out the club year.

Don’t forget! Membership applications are due at the end of January. We are hoping to have a large number of ladies who want to join us. If you have any questions about the application process, give Johnette Tingley a call.

Our next Business/General Meeting will be Friday, February 2, 2018 at 10:00 am. Tickets are not required for this event. However, in order to have an accurate head count for seating and light refreshments, we are asking you to sign up on the General Meeting Membership roster located in the Parlor Room. Please put a check by your name if you plan to attend. I hope to see you there.

On February 17, 2018 at 6:30 pm, Arlington Woman’s Club is having a fund-raiser. Michael Hix, along with his wife Ginny and his band, the Holla, will be entertaining us. A catered meal will be provided. Tickets are still available in the office for $50, but they are selling at a fast pace. It will be a fun night, with the theme of Mardi Gras being carried out. Please join us.
Spring Fling is coming on February 24, 2018. Through Community Services, we are again helping students of AISD who might need food during their Spring Break. A collection box is in the office where we are collecting money (or checks) to purchase this food, which is about $8-$9 per student. Volunteers are needed to help with this project. Last year, we were able to provide over 280 students with food. This is a great project to help the young people of our community.

AWC Exercise classes are held on Mondays & Wednesdays at 3:00 pm. No classes will be held on the 3rd Monday of each month, and the last Wednesday of February, 2018.

Scrip is coming to AWC. You will be able to purchase Gift cards through AWC for various merchants and restaurants and we will receive a rebate on each card that will vary from 2-16%. More information will be coming soon.

From the Opening Coffee to the Christmas Tea, we have had the opportunity to share our club and its members with so many people. It is a great place to “grow friendships” and get involved. Thank you for letting me serve as your President.

Carolyn Jolly
President

“LEAN Forward into Your LIFE...Begin Each Day as if it were on...PURPOSE.”
Now a Word from...

Elouise Perry
AWC 1st Vice-President

I hope each of you had a wonderful holiday season with your family and friends.

Now that 2018 has arrived (I can’t believe I’m actually writing 2018!!), it is time to start thinking about submitting nominations for the AWC Awards. **Nominations** shall be made in writing during the month of **March 2018** and the **Selection Committees** will meet in **April 2018**. The awards will be presented at the **Saturday, June 3, 2018 General Business Meeting**. The awards include the **Cooper Award**, the **AWC AWARD**, and the **AWC President’s Community Award**.

The awards and the process by which the recipients are selected are explained in full detail in General Rule 21, page 151 of your AWC yearbook. Any active member of AWC may nominate a recipient for each award. **Written nominations** must be in letter form and turned in to the office by **March 31, 2018**. There is a book in the office which lists offices held and committee service of all members. We have so many worthy members who give their time to our AWC Club and to our community, so please take the time to recognize a member for one of these awards.

Don’t forget that our Club is available for **rental for your special occasion**. Please call me if you have an anniversary, birthday, bridal shower/luncheon, wedding/reception, or any other occasion coming up.

Elouise Perry
1st Vice President

“From Our ACTIONS...Flow the RESULTS of Our LIVING.” Anthony Robbins
NEW MEMBERS
Johnette Tingley
AWC 2nd Vice President

Special and FUN in every way! That was our PROSPECTIVE NEW MEMBER OPEN HOUSE, November 15, 2017. Many hands were responsible for the success of the day from the club decorations, the fabulous homemade food, the very entertaining PAD (Performing Arts Department) Program, the delightful informative slide presentation to the number of enthusiastic guests, sponsors and members who attended. Several of the prospective new members commented they witnessed a great deal of joy at AWC! What a lovely compliment.

There were 46 membership applications picked up. Please be reminded a sponsor AND a co-sponsor are required to sponsor each new member. Each applicant must be accompanied by letters from the sponsors, the prospective new member, her picture and her two checks in the amounts of $25 (nonrefundable entrance fee) and $10 (name badge fee). The Club Annual Dues for all members of $225 ($200 club dues & $25 Philanthropy) are due April 1 each year for the next club year. The application deadline to return to AWC is January 31, 2018. Have any questions, need sponsor suggestions? Please call or email me, Johnette Tingley (contact info below).

Thank you for introducing your terrific friends/guests to AWC!

Johnette Tingley
2nd Vice President, Membership

johnettet@sbcglobal.net

817-461-4999 H
817-371-2361 C

“May the GRATITUDE in my Heart...KISS all the Universe!”  Hafiz
AWC GENERAL MEETING
By Doris Short
AWC 3rd Vice President

The second General Meeting will be a Business Meeting on Friday, February 2, 2018 at 10:00 am. NO TICKETS are required for this meeting but you must RSVP by checking off your name in the Membership Listing Book on the desk in the Parlor. Your RSVP lets us know if we will have a quorum, set up and refreshment numbers.

This meeting format will include current business of the club and allow new member input. This is also an opportunity to socialize with general membership.

Our Committee will also be selling “Raffle tickets” for a chance to WIN your Annual Dues! Tickets are $5 for “1” raffle or $25 for “6” raffles...What a Buy!! Remember to stop by the General Meeting table in the Small Meeting Room and purchase your Raffle tickets.

Remember to RSVP in the General Meeting Membership Book on the desk in the Parlor room. All our members are very important so join us as we “reach for the stars” at AWC.

Doris Short
3rd Vice President

“May the Work of Your HANDS...Be a Sign of GRATITUDE & REVERENCE to the Human Condition”. Mahatma Gandhi
AWC NIGHT GENERAL MEETING & DINNER
November 2, 2017

Entertainers
Miss Devon & the Outlaw
Carolyn Lackland
Patti Bryant

ANTIQUE DEPARTMENT
By Nancy Davis
Antique Department Chairperson
October 2017 AWC Antique Department Meeting
Judy Miller Presented “Fashions of the Confederacy”

November 2017 Antique Department Meeting
26 members had lunch & toured the beautiful buildings of the Ft. Worth Woman’s Club. FWWC lovely President, Nora Bender & other members served as gracious & knowledgeable hosts & tour guides. Some of us at AWC are pictured on the back patio with Nora Bender.

“GRATITUDE unlocks all that’s blocking us from really feeling truthful, really feeling authentic and vulnerable and HAPPY!” Gabrielle Bernstein
Archival & Scrapbooking Department
By Lisa Horton, Chairperson
Linda Jo Williams, Vice Chairperson

NEWS:
We had a fun meeting in October 2017. “Stars of Wonder” was our project. We made a FABULOUS Scrapbook page and some Greeting cards with a new Stencil Technique and new Border Maker Designs.

Our December 2017 Meeting we will be making a Christmas album. We will meet on Dec 14 at 12:00 for lunch. Happy Holidays to all!!!

“Amateurs sit and wait for...INSPIRATION...the rest of us just get up and go to work.”
BIBLE & JOYFUL LIVING DEPARTMENT
By Sue Wallace
Historian/Photographer

December 2018 Bible/Joyful Living Meeting

Helen Maddox with Andy Corridori the “Man of Many Voices” who presented an excellent and inspiring Christmas program

New member, Sandy Tribble & December 2017 Bible/Joyful Living Hostesses Dorothy Rencurrel making a fashion statement with Vice-President, Rhonda Meadows looking on.
January 2018 Bible/Joyful Living Meeting
Carol Boring welcomes back our wonderful leader & member, Lucy Thompson.
Susan Gunn speaking on her book “Matters of the Heart: A Journey in Caring for Aging Loved Ones”.
Angela Hagan giving our “Sunshine Report”...Angela always does a great job keeping members informed.
Chairperson, Susan Smith.

“Live a PURPOSEFUL, ABUNDANT...LIFE!!”

NIGHT DEPARTMENT
Barbara Edwards,
Historian/Photographer

The Night Department celebrated Christmas with our annual Christmas event on December 12, 2017, at Shady Valley Country Club. A wonderful dinner was served with background music provided by guitarist, Dan Hodan.

Mrs. Claus (aka Janice Aspelin) joined us and entertained the group with a story called “A Bit of Applause for Mrs. Claus. Santa was too busy getting ready for his big night to join us.
The tables were decorated with “Chelsea Faire” Santas which were also given as door prizes. Each person who was lucky enough to have their ticket drawn was allowed to choose a Santa from the table tops.

Kathy Carlile, Vice-President, did an amazing job of turning the room into a magical Santa-filled wonderland. Kathy and her committee did a fantastic job of creating a beautiful and elegant setting for our Christmas party.

Members returned their gift bags for senior residents at Oakwood Nursing Home and for teens at the Safe Haven. Approximately 60 bags were filled with gifts to be delivered to those two locations.

Our January 2018 Meeting will be held on January 15, 2018 and will feature Brenda McClurkin who will present a program on “Treasure of Family Letters”. As usual, the meeting will start at 6:45 pm and will include dinner.

The following Night Department photos are Mrs. Claus (Janice Aspelin) and new member, Cathy Daniels with the Santa she won in the door prize drawing:

“The Only Way Around is...THROUGH!” Robert Frost
PHILANTHROPY
Sharon Elrod,
Chairperson

BRUNCH & CHICO’S FASHION SHOW
OCTOBER 2017
Photos by Linda Price & Bonnie Williams


AWC Fashion Show Models with Miss Claudine from Chico’s
Nancy York, Sharon Elrod

“The SECRET to Getting Things Done...Is to ACT!”
Quilts, ETC. Department November 2017 Meeting
Quilts, ETC. Department Meeting met at AWC then traveled to Weatherford, Texas for our November 2017 Meeting at “Quilting Around”. The owner, Will Simpson showed and talked about many of the beautiful quilts he had made. Then, of course, everyone shopped. We had a great lunch at “Yesterday’s Sandwich Shop” (we highly recommend it) then made a stop at Gibson’s Discount Center with more great finds. No one came home without a bag! It was a beautiful fall day full of fun and friends!!

Quilts, ETC. Department January 2018 Meeting
Quilts, ETC. Department met on January 23, 2018. The program was presented, by Patricia Smith of “Quilts Among Friends”, was on Applique Techniques/Tools. Those that wished to
participated learned to applique making a candle mat. Everyone learned some new tricks of the trade.

Quilts, ETC. Department

In the picture from left to right: Debbie Patton, Quilts, ETC Vice-President and Patricia Smith, Presenter.

“Keep Your Eyes on the STARS...And Your Feet on the GROUND”

Theodore Roosevelt

THEORY OF GAMES OLD & NEW DEPARTMENT

LANNIE FORBES,
HISTIRIAN/PHOTOGRAPHER

Here are the Theory of Games Old & New photos for December 2017 Meeting:

Terry Doak & Peggy Irwin    Delouris Wages    Norma Elliott & Carolyn Jolly
AWC FITNESS & YOGA
Special Interest Group
Roseanna Needham-Dryden, BS
Certified Fitness & Yoga Instructor
Certified Life Coach
Certified Weight Loss Coach
getfittexas@yahoo.com
(817)688-8229 Call for more class info!
JOIN us in this FUN-FILLED, Inspiring & Energetic 75-Minute Exercise Experience!
Anyone can do this workout...no matter the age or fitness level...Including Chair Cardio (Optional Standing) Exercise (heart & Lung Fitness) + Seated and/or Standing Strength/Resistance Exercise (hand weights/bands/tubing/gliding discs/pilates rings/medicine balls, etc) + Standing and/or optional Seated Tai-Chi/Chi-Kung Exercise for gathering Vital Life-force Energy flow and Balance in lower & upper body + Standing and/or Seated Yoga Stretching + Final Relaxation & Meditation. Classes are geared for various ages and fitness levels...Self-paced concept...Modifications demonstrated. This Fitness Workout offers lots of exercise variety for health & fitness results. Classes are “FREE”...with optional DONATIONS accepted for local charities. Our aim is to start and end all classes on time!
Participants are asked to arrive at least 5 minutes EARLY to set up exercise station and be ready for class start time. We also ask that you stay and place your exercise equipment back in the original bin/bag/basket/storage receptacle when class is over. Please read, review, complete, sign & date a Health/Fitness Profile Questionnaire/PARQ (confidential info) prior to working out for the first time with us and sign-in each class you attend. We wish you the best of luck in meeting your health & fitness goals while working out with us at AWC Fitness! Please give us feedback so that we may continue to offer high quality programs, such as this in the future. That’s how we grow and improve...INVEST in YOURSELF...You are Worth It!
Thanks for WORKING OUT with us! New Class Schedule: Mon & Wed at 3:00 pm
January & February Class Schedule of Dates in the Parlor Room + Health/Fitness Profile

AWC NEWSLETTER
Roseanna Needham-Dryden
AWC Newsletter chairperson 2018
getfittexas@yahoo.com
(817)688-8229

AWC NEWSLETTER PUBLICATION DATES & ARTICLE INFO/PHOTOS DEADLINES:

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Newsletter Article Info/Photo Submission:
Send articles and/or photos in “Jpeg” file or” word doc”...not “PDF” file.
Please identify AWC Event/Event Date/Each Person in photo(s).
One Photo per Event per Department per Newsletter...Send all other photos to Betty Thomas, AWC Social media Chairperson... bettythomas1309@gmail.com
where they may be selected for publication to the AWC Website Photo Gallery.
THANK YOU to EVERYONE for your timely Article/Photo Submissions!
Looking forward to a GREAT, EXCITING Year 2018 at AWC!!!

“NOTHING VENTURED...NOTHING GAINED! GOT THAT...I Can ROCK This!
SMILE!!!” RND